

Biological Activity of Genistein and Soy Extracts: Selective Induction of some but not all Estrogenic Responses in the Prepubertal Rat Uterus

[Actividad biológica de Genisteína y extractos de soja: inducción selectiva de algunas pero no todas las respuestas estrogénicas en el útero de la rata prepúber]

Leonardo GAETE¹, Andrei N. TCHERNITCHIN¹, Rodrigo BUSTAMANTE¹, Joan VILLENA², Karla FERRADA¹, Silvia ERAZO³, Rubén GARCÍA³ and Igor LEMUS³

¹Laboratory of Experimental Endocrinology & Environmental Pathology LEEPA, Institute of Biomedical Sciences ICBM, University of Chile Medical School, Santiago, Chile; ²Universidad de Valparaíso School of Medicine, Valparaíso, Chile; ³University of Chile School Chemical and Pharmaceutical Sciences, Santiago, Chile

Abstract: The existence of multiple kinds of estrogen receptors (ERs), involved in independent groups of responses, allows their dissociation and opens the possibility to selectively induce beneficial responses but not those considered at risk (cell proliferation). Based on the low hormone-dependent cancer mortality in Eastern Asia, attributed to high dietary intake of estrogenic isoflavones, we investigated whether genistein (G) or soybean extracts (S) selectively induce some, but not all estrogenic responses in the rat uterus, comparing its activity to that of estradiol-17 β (E2). Prepubertal rats were treated with E2, G, concentrated S (Sc), diluted S (Sd), or vehicle, and uterine responses to estrogen were evaluated. Luminal epithelial and myometrial cell hypertrophy, and luminal epithelial RNA increase, were induced by E2, G or S. Uterine eosinophilia, endometrial edema and proliferation of 4 uterine cell-types were induced by E2 only. Results reveal that G and S induce some responses to estrogen but not others, suggesting their use as agents not displaying carcinogenic risk.

Keywords: estrogen, estradiol, genistein, soy extracts, uterus, selective stimulation.

Resumen: La existencia de múltiples tipos de receptores de estrógeno (ERs), involucrados en el desarrollo de grupos independientes de respuestas a estrógeno, permite su disociación y abre la posibilidad de inducir en forma selectiva respuestas benéficas pero no aquellas consideradas de riesgo (proliferación celular). Basado en la baja mortalidad por cánceres hormono-dependientes en el Este Asiático, atribuidos a una alta ingesta dietaria de isoflavonas estrogénicas, nosotros investigamos si la genisteína (G) o extractos de soja (S) inducen en forma selectiva algunas, pero no todas, las respuestas estrogénicas en el útero de rata, comparando su actividad con la del estradiol-17 β (E2). Ratas prepuberales fueron tratadas con E2, G, S concentrado (Sc), S diluido (Sd) o vehículo, y las respuestas estrogénicas en el útero fueron evaluadas. Las hipertrofias celulares en epitelio luminal y miometrio, y el aumento de ARN en células del epitelio luminal fueron inducidas por E2, G o S. La eosinofilia uterina, el edema en estroma endometrial y la proliferación de 4 tipos celulares uterinos fueron inducidos sólo por E2. Los resultados revelan que G y S inducen algunas respuestas estrogénicas pero no otras, sugiriendo su uso terapéutico como agentes estrogénicos que no presentan riesgo de cáncer.

Palabras Clave: estrógeno, estradiol, genisteína, útero, estimulación selectiva

List of abbreviations: E2 –Estradiol-17 β ; – ER(s) – estrogen receptor(s); G – genistein; S – soybean extract; Sc – concentrated soybean extract; Sd – diluted soybean extract

Recibido | Received: May 17, 2010.

Aceptado en versión corregida | Accepted in revised form: July 20, 2010.

Publicado en línea | Published online: July 31, 2010.

Declaración de intereses | Declaration of interests: the authors have no competing interests.

Financiación | Funding: A. Tchernitchin Financed by Research Team Grant in Science and Technology ACT07, Bicentennial Program in Science and Technology, Chile

This article must be cited as: Leonardo GAETE, Andrei N. TCHERNITCHIN, Rodrigo BUSTAMANTE, Joan VILLENA, Karla FERRADA, Silvia ERAZO, Rubén GARCÍA, Igor LEMUS 2010 Biological Activity of Genistein and Soy Extracts: Selective Induction of some but not all Estrogenic Responses in the Prepubertal Rat Uterus. Bol Latinoam Caribe Plant Med Aromat 9(4): 302 – 311. {EPub M 2010}.

***Contactos | Contacts:** atcherni@gmail.com

INTRODUCTION

It is generally accepted that hormonal replacement therapy in postmenopausal women, besides many beneficial therapeutic effects, increases the risk of breast or endometrial cancer, at least after a prolonged treatment (Lyytinen *et al.*, 2006). This effect seems to be caused by target organ cell proliferation stimulation by estrogens used in hormone replacement therapy. Therefore, the finding of a compound mimicking beneficial responses to estrogen but not inducing cell proliferation is desirable.

If all responses to estrogen were mediated by the same mechanism and all ERs were identical, as it was first proposed for the cytosol-nuclear receptor-mediated genomic responses (Jensen & DeSombre, 1972), the possibilities to selectively induce therapeutically convenient responses to estrogen, but not those at risk (cell proliferation), would be scarce.

Up to now, the existence of at least two ERs, namely ER α and ER β , is accepted (Kuiper *et al.*, 1996; Wang *et al.*, 1999; Damdimopoulos *et al.*, 2008). However, several authors proposed that some of the responses to estrogen could be mediated by different kind of ERs. The earliest reports in this direction came from our Laboratories, describing estrogen binding by eosinophil leukocytes (Tchernitchin, 1967, 1973, 1979; Tchernitchin & Chandross, 1973). Further, it was proposed that the early migration of eosinophil leukocytes to the uterus under estrogen stimulation (Tchernitchin *et al.*, 1974a), and several other non genomic responses to estrogen (Tchernitchin, 1983; Tchernitchin *et al.*, 1985b, 1989) could be related to estrogen binding by the eosinophils (Tchernitchin, 1972; Tchernitchin *et al.*, 1974b), through a novel mechanism (Tchernitchin, 1979; Galand *et al.*, 1985; Tchernitchin *et al.*, 1985b, 1989; Grunert *et al.*, 1986; López *et al.*, 1986). Other authors also proposed the existence of additional estrogen receptors (or binding proteins) and different mechanisms for hormonal action: cytoplasmic membrane ERs (Pietras & Szego, 1980; Nenci *et al.*, 1981), type II cytoplasmic and nuclear ERs (Markaverich *et al.*, 1981) and specific antiestrogen receptors (Sutherland *et al.*, 1980).

The scene for hormone action is dramatically complex, however, it offers the possibility to induce separate responses to hormone administration by considering the kind of receptors involved or the mechanisms surrounding the estrogen responses. This dissociation of estrogenic responses was reported

under the action of several agents or conditions: (a) the route of estrogen administration, allowing physiological hormone levels only locally or both locally and systemically (Tchernitchin & Galand, 1983); (b) the use of different estrogenic compounds, such as estriol (Tchernitchin *et al.*, 1975b), estradiol-17 α (Tchernitchin *et al.*, 1989), diethylstilbestrol (Grunert *et al.*, 1986), clomiphene (Grunert *et al.*, 1987), nafoxidine (Galand *et al.*, 1984, 1985), 2(OH)-estradiol-17 β or 4(OH)estradiol-17 β (Baumann *et al.*, 1986); (c) the interaction with other hormones such as glucocorticoids (Tchernitchin *et al.*, 1975a), progesterone (Grunert *et al.*, 1984b), insulin (Steinsapir *et al.*, 1982a) or thyroid hormones (Steinsapir *et al.*, 1982b); (d) the administration of various pharmaceuticals or biological reagents such as teophylline (Steinsapir *et al.*, 1982c), bromocriptine (Unda *et al.*, 1999); actinomycin D (Tchernitchin & Galand, 1982) or colloidal carbon (López *et al.*, 1986); and (e) the exposure to environmental pollutants such as lead (Tchernitchin *et al.*, 2003) or cadmium (Tchernitchin *et al.*, 2008). This dissociation opens a therapeutic approach, to selectively induce required responses of estrogen stimulation, without the simultaneous induction of responses considered at risk (endometrial or mammary cell proliferation).

The basis for the present study were reports of a lower incidence of several hormonally dependent cancers in Asian women than in Western women (Adlercreutz, 2002a); this difference in incidence parallels the significantly higher amount of phytoestrogens – including soybean products – consumed by Eastern Asian women (Adlercreutz, 2002a; Wang & Murphy, 1994). Second- and third-generation descendants of women who migrated from Asia to Western countries have hormonally-dependent cancer risks similar to those of women in the host country, suggesting that lifestyle but not genetic factors could explain the lower cancer risk observed in women living in Asia (Probst-Hensch *et al.*, 2000; Usui, 2006). In East and Southeast Asia the average intake of phytoestrogens is estimated to be more than ten times higher than in the United States or Europe (Adlercreutz, 2002b), and plasma isoflavone concentrations are higher in Japanese women than in Europeans, suggesting the possibility of their role in hormonally-dependent cancer prevention (Messina *et al.*, 1994; Mense *et al.*, 2008).

Based on the above evidence, the aim of the present study was to investigate the agonistic

estrogenic activity of G and S in the prepubertal rat uterus *in vivo*. In this model, we intended to find out whether these compounds are able to selectively induce some but not all responses to hormone stimulation in the uterus, for their potential use as therapeutic agents for hormonal replacement therapy devoid of hormonally-dependent cancer risk, at least, in the uterus.

MATERIALS AND METHODS

Plant extracts, Phytoestrogens and Hormones

Commercially available soybean *Glycine max* (L.) Merr. (*Leguminosae*) extract Solgen 40 was purchased from Solbar Plant Extracts, Ashdod, Israel. It contained 43.87% total isoflavones; 69% of total isoflavones were in genistin form. Pure genistein HPLC standard quality was purchased from Sigma. and estradiol-17 β was purchased from Merck.

Experimental Animal Procedure

The experimental protocol was approved by the local Ethical Committee.

Sprague-Dawley rats were bred and maintained in the vivarium of the University of Chile School of Medicine.

Female prepubertal (21-day-old) animals were treated s.c. with the vehicle (C) (0.3 mL 1:9 ethanol/ saline), estradiol-17 β (E2) Merck (0.33 mg/kg b.wt.), genistein (G) Sigma (0.5 mg/kg b.wt.) or two different concentrations of Solgen 40 soybean ethanol extracts (S): diluted S (Sd) (0.06 mg genistin/kg) and concentrated S (Sc) (0.364 mg genistin/kg b.wt.). The dose of E2 was chosen from former studies in the same prepubertal rat model, assuring the maximal responses to hormone stimulation for all analyzed parameters of hormone stimulation in the uterus (Tchernitchin *et al.*, 1975b, Grunert *et al.*, 1986, 1987). The dose of G and the highest dose of S were chosen to assure an approximation to estradiol molar concentrations inducing the maximal response to hormone stimulation (0.01-0.3 mg/kg). Both doses of S were used to verify whether there were differences in the effects in the different uterine cell-types due to hypothetical presence of additional active agents in the extracts. Genistin quantification was based in the indirect valuation of G following 2M HCl hydrolysis and G quantification by HPLC (Franke *et al.*, 1994; Irvine *et al.*, 1998). The prepubertal rat model was chosen since the very low endogenous estrogen levels

in control animals assure absence of estrogenic responses; at that age all estrogen receptors and mechanisms were reported fully responding to hormone stimulation (Tchernitchin *et al.*, 1980). 10 rats were used for each of the 10 experimental conditions.

Uteri were excised under ether anesthesia 6 or 24 h after treatment and fixed in neutral formalin for further histological process.

Histological, Histochemical and Morphometrical Procedure

Each uterine formalin fixed and dehydrated horn was cut in three pieces (superior, medium and caudal), that were paraffin-embedded together in a single paraffin block, so that 5 μ m thick uterine cross sections from the above three pieces could be observed together in the same histological slide and evaluated all of them.

For each animal, one group of hydrated uterine cross sections was stained 1-3 min in hematoxylin, washed in several changes of tap water, and then quickly transferred to a saturated lithium carbonate solution, where they were kept for 1 min. Subsequently, they were stained in 1% eosin y aqueous solution, washed quickly in distilled water, and dehydrated in a graded series of ethyl alcohols, absolute ethanol and xylene (Grunert *et al.*, 1984a). This procedure was used for eosinophil quantification (Tchernitchin *et al.*, 1974a, 1985a), mitoses counting in the different uterine cell types (Grunert *et al.*, 1986, 1987) morphometry (Grunert *et al.*, 1984a), including computer assisted image analysis of luminal epithelial cell volume (Tchernitchin *et al.*, 2003). Another group of hydrated uterine cross sections was stained with phosphate-buffered 0.01% acridine orange (pH 7.4) in distilled water for 5 min, differentiated in 0.1% (wt/v) calcium chloride and covered with phosphate buffer (pH 7.4). This stain allows RNA and DNA densitometry with a epifluorescence microscope under excitation light, λ 380-420 nm (Konarev, 1966).

Quantification of estrogenic responses

The following estrogenic responses were quantified in the uterus: uterine eosinophilia, percentage of eosinophils according to the distribution in different uterine histological layers and to their degree of degranulation; edema in deep endometrial stroma; luminal epithelial cell RNA content, luminal epithelial and myometrial cell

hypertrophy, and number of mitotic figures in luminal epithelium, glandular epithelium, endometrial stroma and myometrium.

Figure 1. Effect of a treatment with estradiol-17 β , or phytoestrogens on myometrial (Fig 1A) and endometrial luminal epithelial (Fig. 1B) cell hypertrophy and on RNA content increase in endometrial luminal epithelial cells (Fig. 1C)

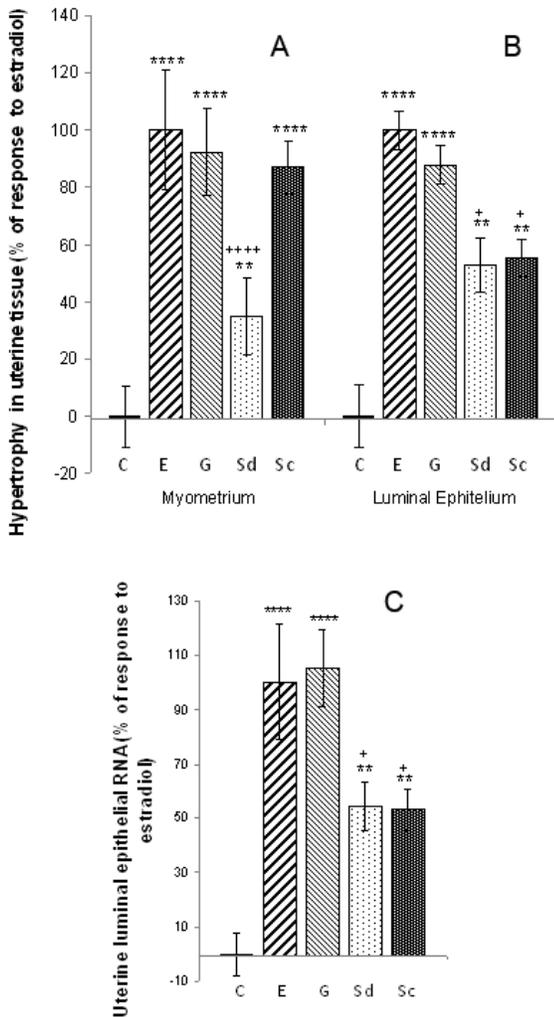


Figure 1

Prepubertal rats received s.c. 0,33 mg estradiol-17 β /kg b.wt (E), 0,5 mg genistein/kg b.wt. (G), soybean extract containing 0.06 mg genistin/kg b.wt.(Sd) or 0.364 mg genistin/kg b.wt. (Sc), or vehicle (C), and the uteri were excised 24 h thereafter under anesthesia. Bars indicate means (expressed as % of response to estradiol) \pm standard error of the mean. Statistics: least significant difference *a posteriori* LSD test. +, $p < 0.05$; **, $p < 0.01$; **** or +, $p < 0.0001$; *, comparisons to vehicle-treated controls; +, comparisons to estradiol-treated animals

The various parameters of estrogen stimulation were evaluated at times their maximal response occurs (Tchernitchin et al., 1974a, 2003; Grunert et al., 1984a). Uterine eosinophilia reaches maximal response at 6 or 24 h, endometrial edema reaches maximal response at 6 h and declines thereafter, uterine luminal epithelial RNA content, luminal epithelial and myometrial cell hypertrophy and uterine luminal epithelial, glandular epithelial, stromal and myometrial cell proliferation reach maximal level responses at 24 h after treatment.

Figure 2. Effect of a treatment with estradiol-17 β or phytoestrogens on edema in deep endometrial stroma (Fig. 2A) and uterine eosinophilia (Fig. 2B).

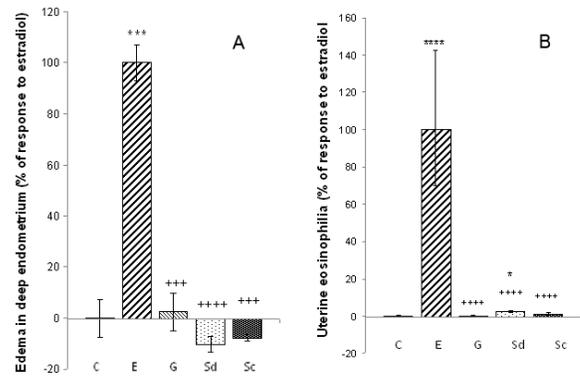


Figure 2

Prepubertal rats received s.c. 0,33 mg estradiol-17 β /kg b.wt (E), 0,5 mg genistein/kg b.wt. (G), soybean extract containing 0.06 mg genistin/kg b.wt.(Sd) or 0.364 mg genistin/kg b.wt. (Sc), or vehicle (C), and the uteri were excised 6 h thereafter under anesthesia. In Fig. 2A (edema in deep endometrial stroma) bars indicate means from non-transformed data (expressed as % of response to estradiol) \pm standard error of the mean. In Fig. 2B (uterine eosinophilia) bars indicate geometric means from log-transformed data (expressed as % of response to estradiol) \pm standard error of the mean. Statistics: least significant difference *a posteriori* LSD test. *, $p < 0.05$; *** or +, $p < 0.001$; **** or +, $p < 0.0001$; *, comparisons to vehicle-treated controls; +, comparisons to estradiol-treated animals

To allow a comparison between the effects of genistein or soy extracts among the different parameters of estrogen stimulation, all responses were expressed as % of maximal response, i.e., the value of vehicle-treated animals was considered as 0% response, and the value of maximal response to E2 – 100% response.

For each animal, uterine eosinophilia (Tchernitchin et al., 1974a) was assessed in 30 uterine sections, distributed along the uterus

(proximal, medial and caudal); eosinophils were classified according to their location within the different uterine histological layers and to their degree of degranulation (Tchernitchin *et al.*, 1985a; Grunert *et al.*, 1986).

Edema in deep endometrial stroma (Grunert *et al.*, 1984a) was evaluated by counting number of nuclei in 36 1054 μm^2 areas delimited by a standard circle located in the ocular piece of the microscope. As demonstrated in earlier reports (Grunert *et al.*, 1984a), an increase in the reciprocal value of cell density (a decrease in cell counts within a standard area) in a location containing few cells and mainly extracellular space, reflects edema since an increase in its volume, but not in the cellular volume, traduces in an increase in the reciprocal value of cell density.

Myometrial cell hypertrophy (Grunert *et al.*, 1984a) was also evaluated by counting the number of nuclei in 36 standard areas; previous reports (Grunert *et al.*, 1984a) show that an increase in the reciprocal value of cell density in this location containing cell bodies and where extracellular space is negligible, reflects increase in cell size but not extracellular edema.

Luminal epithelial cell hypertrophy was evaluated from digital micrographs from luminal epithelium, where cell limits were marked around groups of well defined epithelial cells boundaries; 80 cells were measured in each animal, using computer assisted image analysis to calculate luminal epithelial cell volume (Tchernitchin *et al.*, 2003).

Luminal epithelial RNA content was evaluated from digital micrographs of acridine orange stained uterine sections, with an epifluorescence microscope Nikon EFD-3 under excitation light, λ 380-420 nm, using computer assisted morphometry and cell densitometry (Tchernitchin *et al.*, 2003). 80 cells were measured for each animal.

Estrogen-induced mitotic response was evaluated as an increase in the number of mitotic figures in luminal epithelium, glandular epithelium, endometrial stroma and myometrium, and quantified for each animal in 18 uterine cross sections considering all three uterine pieces (Grunert *et al.*, 1986, 1987).

Statistics

According to previous studies (Grunert *et al.*, 1986) using the Tukey test of additivity (Snedecor & Cochran, 1967), data on some parameters of estrogen

stimulation needs to be submitted to logarithmic or square root transformation to normalize data distribution. Accordingly, the log-transformation was performed on uterine eosinophil numbers, RNA content in luminal epithelial cells, and luminal epithelial cell volume (Grunert *et al.*, 1986). Transformed (above responses to estrogen) and non-transformed (all other parameters of estrogen stimulation in the uterus) data were subjected to further statistical analysis.

Since multiple comparisons were performed between the different experimental conditions, transformed and non-transformed data were subjected to the least significant difference *a posteriori* (LSD) test. The common variance needed for this test was estimated from a one-way unbalanced analysis of variance (ANOVA).

In uterine eosinophil degranulation and distribution proportion studies, the χ^2 statistic was used to evaluate differences between the proportions. The percentage of degranulation and of eosinophils located in the various histological layers of the uterus were not considered in some experimental animals (i.e., control animals without estrogen treatment) due to the extremely low number of eosinophils in these experimental conditions, that does not allow a valid statistical analysis.

RESULTS

Cell hypertrophy and cell RNA content increase.

Myometrial hypertrophy was induced by E2, G and two concentrations of S. While hypertrophy reached with G or Sc was similar to that induced by E2, response reached with Sd was about half of that reached with E2 (Fig. 1A). Endometrial luminal epithelial cell hypertrophy (Fig. 1B) and RNA content (Fig. 1C) were induced by E2, G and both S. While responses similar to E2 were achieved by G only; the responses to Sc or Sd were about half of that obtained with E2.

Endometrial edema and uterine eosinophilia.

Edema in deep endometrial stroma was induced by E2 only (Fig. 2A). A normal intensity estrogen-induced uterine eosinophilia was observed following E2 treatment only, although a very slight but statistically significant response was also observed with the Sd (Fig. 2B). Eosinophil degranulation was significantly weaker with the Sd as compared to E2 (Fig. 3A). As compared to E2-treated animals where most uterine eosinophils were located

Figure 3. Effect of a treatment with estradiol-17 β or phytoestrogens on the proportions of degranulated and non-degranulated uterine eosinophils (Fig. 3A) and the proportions of uterine eosinophils located in the mesometrium and in the endometrium with myometrium (Fig. 3B).

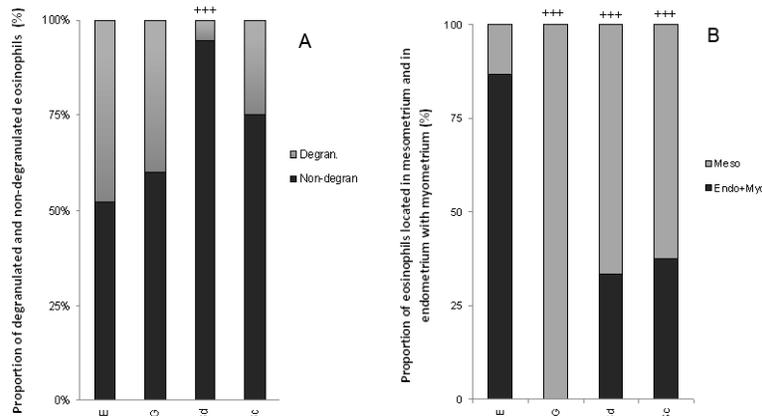


Figure 3

Prepubertal rats received s.c. 0,33 mg estradiol-17 β /kg b.wt (E), 0,5 mg genistein/kg b.wt. (G), soybean extract containing 0.06 mg genistin/kg b.wt.(Sd) or 0.364 mg genistin/kg b.wt. (Sc), or vehicle (C), and the uteri were excised 6 h thereafter under anesthesia. The proportions in controls are not shown because of the extremely low eosinophil numbers, which does not allow any valid statistical analysis. Statistics: χ^2 test; +++, p<0.001; comparisons to estradiol-treated animals.

Figure 4. Effect of a treatment with estradiol-17 β or phytoestrogens on the number of mitotic figures in endometrial luminal epithelium (Fig. 4A), endometrial glandular epithelium (Fig. 4B), endometrial stroma (Fig. 4C) and myometrium (Fig. 4D).

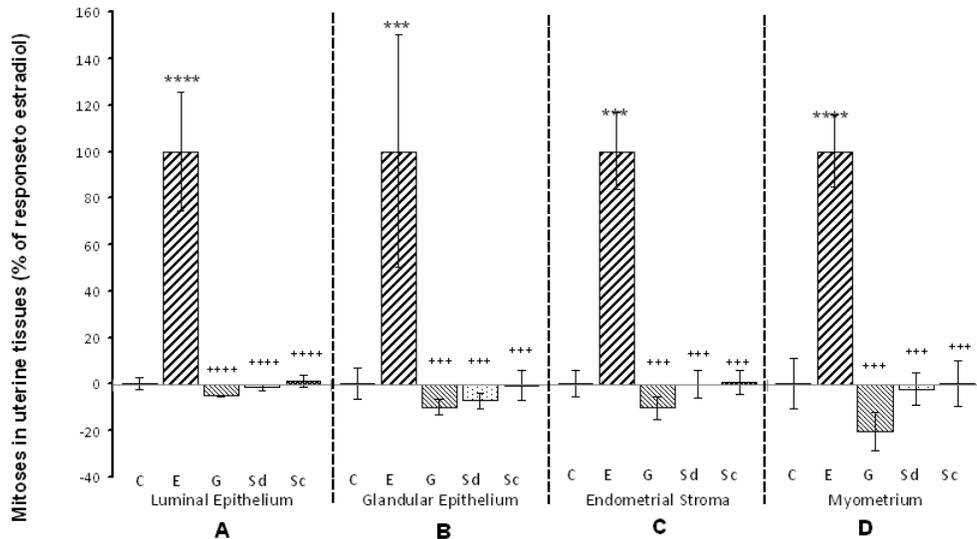


Figure 4

Prepubertal rats received s.c. 0,33 mg estradiol-17 β /kg b.wt (E), 0,5 mg genistein/kg b.wt. (G), soybean extract containing 0.06 mg genistin/kg b.wt.(Sd) or 0.364 mg genistin/kg b.wt. (Sc), or vehicle (C), and the uteri were excised 24 h thereafter under anesthesia. Bars indicate means (expressed as % of response to estradiol) \pm standard error of the mean. Statistics: least significant difference *a posteriori* LSD test. *** or +++, p<0.001; **** or +****, p<0.0001; *, comparisons to vehicle-treated controls; +, comparisons to estradiol-treated animals.

in endometrium with myometrium, in S-treated animals there were more eosinophils in the mesometrium, and following G treatment all the eosinophils were in the mesometrium (Fig 3B).. Eosinophil degranulation and distribution within the uterine histological layers data is not shown in control animals because of the extremely low eosinophil counts that do not allow any valid statistical analysis.

Uterine cell proliferation.

Uterine cell proliferation (Fig 4), was induced in uterine luminal epithelium (Fig. 4A), uterine glandular epithelium (Fig. 4B), endometrial stroma (Fig. 4C) and myometrium (Fig. 4D) by E2 only, but not by G or the soy extracts.

DISCUSSION

Present results reveal a dissociation of estrogenic responses by either G and S. While the increase in RNA content in luminal epithelial cells and cell hypertrophy in luminal epithelial and myometrial cells were strongly induced by E2, G, Sd or Sc, uterine eosinophilia, endometrial edema and cell proliferation in luminal epithelium, glandular epithelium, endometrial stroma and myometrium were induced by E2 only, but not by G or S.

A myriad of explanations may be proposed to explain the selective induction of just some responses to estrogen but not others. Subtle differences in ER conformations caused by interaction with different ligands, which interact with different co-activators or co-repressors within the cell (Charlier *et al.*, 2009). Presence of different molecular chaperones eg FKBP51, FKBP52, Cyp40, which may be incorporated in the inactivated ER complexes from the different cell types (Reynolds *et al.*, 1999; McKeen *et al.*, 2010). Or the existence of different kind of ERs mediating different responses to hormone stimulation (Tchernitchin 1972, 1983; Galand *et al.*, 1985; Tchernitchin *et al.*, 1985b, 1989; Grunert *et al.*, 1986; López *et al.*, 1986). Present results, do not disagree with any of the above hypotheses. According to our hypothesis, some receptors may display high affinity for any specific phytoestrogens while other receptors may display low affinity for the same compounds, explaining the induction of some responses only. Alternatively to the above explanations, it is possible to speculate that

the effects of G and/or S are not responses mediated by ERs. To evaluate this possibility, a possible antagonistic effect of these agents on receptor mediated responses to estrogen is currently investigated. Preliminary results from experiments with coadministration of G and E2 suggest competitive interaction with responses induced by E2 (manuscript in preparation).

The absence of estrogen induced uterine eosinophilia, and one of the responses proposed to be mediated by the eosinophils in the uterus (endometrial edema), may be explained by the lack of recognition of the mesometrium vascular endothelium by the eosinophils - the main site of migration of eosinophils towards the uterus (Soto *et al.*, 1979) - or by the decrease in eosinophils mobility through uterine extravascular space towards myometrium and endometrium. It was suggested that eosinophil recognition of uterine (mainly mesometrial) endothelium is a process mediated by high affinity ERs located in the surface of the eosinophils (Tchernitchin *et al.*, 1985b). The lack of recognition of the uterine mesometrium may be explained either by a low affinity displayed by the phytoestrogen for this receptor or by its antagonist action. An inhibition of eosinophil redistribution through the uterus from mesometrium, observed in the present study (increased proportion of eosinophils remaining in the mesometrium in animals treated with Sc, Sd or G) may be explained by the decrease in eosinophil degranulation that was observed in Sc treated rats, taking into consideration that hydrolytic enzyme released from degranulating eosinophils are required for eosinophil migration through uterine ground substance (Grunert *et al.*, 1984b; Tchernitchin *et al.*, 1985b, 1989).

A comparison of luminal epithelium and myometrium also reveals differences under the effect of different concentrations of S. In the myometrium, while Sc induced a full cell hypertrophy similarly to E2, in luminal epithelium Sc induced a much weaker cell hypertrophy or RNA content increase than E2. This may reflect a difference between luminal epithelium and myometrial ERs, displaying different affinities for some of the S active components, or a possible competitive inhibition by glycones or other phytoestrogens present in the extracts. The soybean ethanol extracts mainly contain the glucoside genistin, which is supposed to be devoid of estrogenic activity since it most probably does not

enter the intracellular space. Soybean genistin taken orally hydrolyzes in the intestine to its aglycone form genistein and enters circulation as such (Kelly *et al.*, 1995), displaying estrogenic activity (Zhang *et al.*, 1999). Further studies are necessary to evaluate this possibility, and investigate whether part of the genistin is hydrolyzed in the tissue to release the aglycone or other metabolites.

Irrespectively to the mechanisms involved in the interaction of G or S with the uterus, the dissociation of estrogenic responses by phytoestrogens suggests their possible therapeutic application to induce clinically needed responses without inducing risk responses. Estrogen-induced cell proliferation is the main risk side effect for hormone replacement therapy in postmenopausal women, which may initiate or stimulate tumour growth. Therefore, absence of cell-proliferation in uterine luminal epithelial, glandular epithelial cells, endometrial stroma and myometrium by S and by G itself, suggests they do not share the estrogens' increased risk for cancer development in postmenopausal women, at least in the uterus. Further studies are needed to investigate the effects of G and S in other estrogen target organs.

CONCLUSIONS

Present results reveal, for the first time, a dissociation of responses to estrogen by phytoestrogens. While estradiol induces an increase in RNA content in luminal epithelial cells, cell hypertrophy in luminal epithelial and myometrial cells, uterine eosinophilia, endometrial edema and cell proliferation in luminal epithelium, glandular epithelium, endometrial stroma and myometrium, G and S only induce an increase in RNA content in luminal epithelial cells and cell hypertrophy in luminal epithelial and myometrial cells, but not the remaining estrogenic responses.

The selective induction of some estrogenic responses but not others under the effect of G and S suggests their possible therapeutic application as agents not inducing cell proliferation in the uterus, therefore, not displaying the increased risk of cancer development in this organ. Work is in progress to evaluate the expression of apoptotic proteins such as Ki67 as well as the expression of estrogen receptors α and β .

ACKNOWLEDGEMENTS

Financed by Research Team Grant in Science and Technology ACT07, Bicentennial Program in Science and Technology, Chile. We thank Ms Iris Rodríguez and Irma Orellana for technical help.

REFERENCES

- Adlercreutz H. 2002a. Phyto-oestrogens and cancer. *Lancet Oncol* 3: 364 - 373.
- Adlercreutz H. 2002b. Epidemiology of phytoestrogens. *Baillière's Clin Endocrinol Metab* 12: 605 - 623.
- Baumann P, Tchernitchin AN, Grunert G, Ball P. 1986. Effect of various doses of catecholestrogens on uterine eosinophilia in the immature rat. *Experientia* 42 165 - 167.
- Charlier TD. 2009. Importance of steroid receptor coactivators in the modulation of steroid action on brain and behavior. *Psychoneuroendocrinology* 34 Suppl 1: S20 - 829.
- Damdimopoulos AE, Spyrou G, Gustafsson J-Å. 2008. Ligands differentially modify the nuclear mobility of estrogen receptors α and β . *Endocrinology* 149: 339 - 345.
- Franke AA, Custer LJ, Cerna CM, Narala K. 1994. Rapid HPLC analysis of dietary phytoestrogens from legumes and from human urine. *Proc Soc Exp Biol Med* 208: 18 - 26.
- Galand P, Tchernitchin N, Tchernitchin AN. 1984. Time-course of the effects of nafoxidine and oestradiol on separate groups of responses in the uterus of the immature rat. *J Steroid Biochem* 21: 43 - 47.
- Galand P, Tchernitchin N, Tchernitchin AN. 1985. Dissociation of uterine eosinophilia and water imbibition from other estrogen-induced responses by nafoxidine pretreatment. *Mol Cell Endocrinol* 42: 227 - 233.
- Grunert G, Fernández S, Tchernitchin AN. 1984a. Methods for the evaluation of responses to estrogen in individual cell types or regions of the uterus. *Horm Res* 19: 253 - 262.
- Grunert G, Porcia M, Neumann G, Sepúlveda S, Tchernitchin AN. 1984b. Progesterone interaction with eosinophils and with responses already induced by oestrogen in the uterus. *J Endocrinol* 102: 295 - 303.
- Grunert G, Porcia M, Tchernitchin AN. 1986. Differential potency of oestradiol-17 β and diethylstilbestrol on separate groups of responses in the rat uterus. *J Endocrinol* 110: 103 - 114.
- Grunert G, Neumann G, Porcia M, Tchernitchin AN. 1987. The estrogenic responses to clomiphene in the different cell-types of the rat uterus: Morphometrical evaluation. *Biol Reprod* 37: 527 - 538.
- Irvine CH, Fitzpatrick MG, Alexander SL. 1998. Phytoestrogens in soy-based infant food:

- concentrations, daily intake, and possible biological effects. *Proc Soc Exp Biol Med* 217: 247 - 253.
- Jensen EV, DeSombre ER. 1972. Mechanism of action of the female sex hormones. *Annu Rev Biochem* 41: 203 - 230.
- Kelly GE, Joannou GE, Reeder AY, Nelson C, Waring MA. 1995. The variable metabolic response to dietary isoflavones in humans. *Proc Soc Exp Biol Med* 208: 40 - 43.
- Konarev VG. 1966. *Tsitokhimija i Gistokhimija Rastenij [Plant Cytochemistry and Histochemistry (in Russian)]*. Moscow: Vysshaja Shkola. 320 p.
- Kuiper GGJM, Enmark E, Peltö-Huikko M, Nilsson S, Gustafsson J-Å. 1996. Cloning of a novel estrogen receptor expressed in rat prostate and ovary. *Proc Natl Acad Sci USA* 93: 5925 - 5930.
- López M, Castrillón MA, Tchernitchin AN. 1986. Colloidal carbon blocks oestrogen-induced migration of eosinophils to the uterus and the uterine water imbibition response. *J Endocrinol* 109: 89 - 95.
- Lyytinen H, Pukkala E, Ylikorkala O. 2006. Breast cancer risk in postmenopausal women using estrogen-only therapy. *Obstet Gynecol* 108: 1354 - 1360.
- Markaverich BM, Upchurch S, Clark JH. 1981. Progesterone and dexamethasone antagonism of uterine growth: a role for a second nuclear binding site for estradiol in estrogen action. *J Steroid Biochem* 14: 125 - 132.
- McKeen HD, Byrne C, Jithesh PV, Donley C, Valentine A, Yakkundi A, O'Rourke M, Swanton C, McCarthy HO, Hirst DG, Robson T. 2010. FKBPL regulates estrogen receptor signaling and determines response to endocrine therapy. *Cancer Res* 70: 1090 - 1100.
- Mense SM, Hei TK, Ganju RK, Bhat HK. 2008. Phytoestrogens and breast cancer prevention: possible mechanisms of action. *Environ Health Perspect* 116: 426 - 433.
- Messina MJ, Persky V, Setchell KD, Barnes S. 1994. Soy intake and cancer risk: a review of the invitro and in vivo data. *Nutr Cancer* 21: 113 - 131.
- Nenci I, Fabris G, Marzola A, Marchetti E. 1981. The plasma membrane as an additional level of steroid-cell interaction. *J Steroid Biochem* 15: 231 - 234.
- Pietras RJ, Szego CM. 1980. Partial purification and characterization of oestrogen receptors in subfractions of hepatocyte plasma membranes. *Biochem J* 191: 743 - 760.
- Probst-Hensch NM, Pike MC, McKean-Cowdin R, Stanczyk FZ, Kolonel LN, Henderson B. 2000. Ethnic differences in post-menopausal plasma oestrogen levels: high estrone levels in Japanese-American women despite low weight. *Brit J Cancer* 82: 1867 - 1870.
- Reynolds PD, Ruan Y, Smith DF, Scammell JG. 1999. Glucocorticoid resistance in the squirrel monkey is associated with overexpression of the immunophilin FKBP51. *J Clin Endocrinol Metab* 84: 663 - 669.
- Snedecor GW, Cochran WG. 1967. Two-way classifications. In: *Statistical Methods*, edn 6, pp. 299 - 338. Ames: Iowa State University Press.
- Soto N, Tchernitchin A. 1979. Colchicine-estrogen interactions. *Experientia* 35: 558 - 559.
- Steinsapir J, Rojas AM, Alarcón O, Tchernitchin AN. 1982a. Effect of insulin and epinephrine on some early oestrogenic responses in the rat uterus. *Acta Endocrinol (Kbh.)* 99: 263 - 271.
- Steinsapir J, Rojas AM, Mena M, Tchernitchin AN. 1982b. Effects of thyroid hormone on some uterine responses to estrogen. *Endocrinology* 110: 1773 - 1779.
- Steinsapir J, Rojas AM, Tchernitchin AN. 1982c. Theophylline-estrogen interaction in the rat uterus. Role of the ovary. *Am J Physiol* 242: E121 - E126.
- Sutherland RL, Murphy LC, San Foo M, Green MD, Whybourne AM. 1980. High-affinity anti-oestrogen binding site distinct from the oestrogen receptor. *Nature* 288: 273 - 275.
- Tchernitchin A. 1967. Autoradiographic study of (6,7)-3H oestradiol-17 β incorporation into rat uterus. *Steroids* 10: 661 - 668.
- Tchernitchin A. 1972. Radioautographic study of the effect of estradiol-17 β , estrone, estriol, progesterone, testosterone and corticosterone on the in vitro uptake of 2,4,6,7-3H estradiol-17 β by uterine eosinophils of the rat. *Steroids* 19: 575 - 586.
- Tchernitchin A. 1973. Fine structure of rat uterine eosinophils and the possible role of eosinophils in the mechanism of estrogen action. *J Steroid Biochem* 4: 277 - 282.
- Tchernitchin A, Chandross R. 1973. *In vivo* uptake of estradiol-17 β by the uterus of the mature rat. *J Steroid Biochem* 4: 41 - 44.
- Tchernitchin A, Rooijck J, Tchernitchin X, Vandenhende J, Galand P. 1974a. Dramatic early increase in uterine eosinophils after oestrogen administration. *Nature* 248: 142 - 143.
- Tchernitchin A, Tchernitchin X, Robel P, Baulieu EE. 1974b. Liaison de l'oestradiol dans les leucocytes polynucléaires éosinophiles humains. *C R Acad Sc Paris* 280D: 1477 - 1480.
- Tchernitchin A, Rooryck J, Tchernitchin X, Vandenhende J, Galand P. 1975a. Effects of cortisol on uterine eosinophilia and other oestrogenic responses. *Mol Cell Endocrinol* 2 331 - 337.
- Tchernitchin A, Tchernitchin X, Galand P. 1975b. Correlation of estrogen-induced uterine eosinophilia with other parameters of estrogen stimulation, produced with estradiol-17 β and estriol. *Experientia* 31: 993 - 994.
- Tchernitchin A. 1979. The role of eosinophil receptors in the non-genomic response to oestrogens in the uterus. *J Steroid Biochem* 11: 417 - 424.
- Tchernitchin AN, López-Solis RO, Cartes R, Rodríguez A, Mena MA, Unda C. 1980. Developmental changes of

- estrogenic responses in the rat uterus. *J Steroid Biochem* 13: 1369 - 1371.
- Tchernitchin AN, Galand P. 1982. Dissociation of separate mechanisms of estrogen action by actinomycin D. *Experientia* 38: 511 - 513.
- Tchernitchin AN. 1983. Eosinophil-mediated non-genomic parameters of estrogen stimulation: a separate group of responses mediated by an independent mechanism. *J Steroid Biochem* 19: 95 - 100.
- Tchernitchin AN, Galand P. 1983. Oestrogen levels in the blood, not in the uterus, determine uterine eosinophilia and oedema. *J Endocrinol* 99: 123 - 130.
- Tchernitchin AN, Barrera J, Arroyo P, Mena MA, Vilches K, Grunert G. 1985a. Degranulatory action of estradiol on blood eosinophil leukocytes in vivo and in vitro. *Agent Actions* 17: 60 - 66.
- Tchernitchin AN, Mena MA, Rodríguez A, Maturana M. 1985b. Radioautographic localization of estrogen receptors in the rat uterus: a tool for the study of classical and nontraditional mechanism of hormone action. In *Localization of Putative Steroid Receptors*, Eds LP Pertschuk, SH Lee. Florida: CRC Press, vol. 1, pp. 5 - 37.
- Tchernitchin AN, Mena MA, Soto J, Unda C. 1989. The role of eosinophils in the action of estrogens and other hormones. *Med Sci Res* 17: 5 - 10.
- Tchernitchin NN, Clavero A, Mena MA, Unda C, Villagra R, Cumsille M, Tchernitchin AN. 2003. Effect of chronic exposure to lead on estrogen action in the prepubertal rat uterus. *Environ Toxicol* 18: 268 - 277.
- Tchernitchin AN, Olivares F, Aranda C, Bustamante RA, Gaete L, Ferrada K, Villagra R, Vera J, Iturbe RJ, Kim YA, Hernández NB, Bizjak T, Novsak S. 2008. Efectos de exposición aguda a cadmio en la acción de estrógenos en útero de rata impúber. *Rev Chil Pediat* 79: 373 - 380.
- Unda C, Baeza CI, Arriagada R, Castrillón MA, Tchernitchin AN. 1999. Bromocriptine modifies responses to estrogen in the rat uterus. *Med Sci Res* 27: 319 - 323.
- Usui T. 2006. Pharmaceutical prospects of phytoestrogens. *Endoc J* 53: 7 - 20.
- Wang H, Murphy P. 1994. Isoflavone content in commercial soybean foods. *J Agric Food Chem* 42: 1666 - 1673.
- Wang H, Masironi B, Eriksson H, Sahlin L. 1999. A comparative study of estrogen receptors α and β in the rat uterus. *Biol Reprod* 61: 955 - 965.
- Zhang Y, Song TT, Cunnick JE, Murphy PA, Hendrich S. 1999. Daidzein and genistein glucuronides in vitro are weakly estrogenic and activate human natural killer cell at nutritionally relevant concentrations. *J Nutr* 129: 399 - 405.